

WRITTEN EXAM 2004 OVERVIEW

Key Points

1. The exam questions are ALL updated to CD 2004. (please note that there have been a few changes to the FA content since 2003)
2. There are no exam questions from the 2003 written and most questions are new.
3. Pediatrics (Chapter 18A) appears on the exam for the second time.
4. The theme of this year's exam is Neurological. (See sample questions)
5. The questions are in the order you find the information on the CD. This means that topics are clustered together.
6. There are never more than 3 questions from any one page or specific topic.
7. There are some "all of the above", or "any of the above" answers.
8. Scenarios and negative questions do not appear.
9. As much as possible, questions and answers have been matched to the exact words in the CD to reduce interpretation and translation problems.
10. There is only one ending to the exam. In previous years, there was a separate Nordic and Alpine section.
11. There is never more than two of the same answer letter (ex. AA) in a row and there is an approximately even distribution of A, B, C, and D answers.
12. The exam review guide is on CD 2004 to help patrollers study more effectively for the written exam. Patrollers are **strongly** encouraged to use this to focus their studying on this year's topics. Specific page references are given this year.
13. The Workbook on the CD is also an excellent tool to review material.

LAYOUT OF THE WRITTEN EXAM

The exam is divided into sections and these section titles appear on the exam.

- **Anatomy/Signs & Symptoms** (1-40) covers knowledge of the body and recognizing signs and symptoms of various conditions.

Treatment (41-80) covers “what to do”.

- Responding to input, this year there is an equal split in the number of questions that deal with Anatomy/S&S and Treatment. The theme is Neurological so there are a number of questions that deal with the nervous system, head and spinal injuries, and treatments for these types of injuries.

- **Administration of the CSPS** (81-84) covers topics related to the functioning of the CSPS, including sponsorship

These 4 questions are from the Administration part of the CD.

- **Injury Prevention & Safety** - 3 questions. (85-87)
- **Public Relations** - 2 questions. (88-89)
- **Patrol Procedures** - 6 questions. (90-95)
- **Communication** - 3 questions. (96-98)
- **Avalanche Safety and Rescue** contains the last 2 questions.

These 16 questions are from the Operations part of the CD.

SAMPLE WRITTEN EXAM QUESTIONS

1. The lumbar vertebrae are the:

- a) 12 vertebrae that ribs attach to.
- b) top 7 vertebrae.
- c) 5 vertebrae of the lower back. see page 2-5 to review other vertebrae!!
- d) 4 vertebrae at the bottom of the spine

2. The brainstem:

- a) leads to the spinal cord.
 - b) controls involuntary actions such as breathing and heart rate.
 - c) can be severely damaged by trauma, severe alcohol or drug abuse.
 - d) all of the above.
- d) is correct - see page 2-17 to review parts of the central nervous system!!